

“Kid Talk” & “Teen Talk”

A Conflict Management Workshop Series

Who?

Youth, ages 6 – 18. Provided to groups of 6 – 15 in number.

What?

Kid Talk and Teen Talk are a series of 8 fun, interactive and educational age-appropriate 1-hour workshops. Participants learn constructive ways to manage and respond to conflict. Shorter series or even one-time workshops can also be offered to suit your needs.

Where?

Our facilitators will come to you. Training location needs to adequately accommodate estimated numbers.

When?

CDRC can accommodate your schedule needs. Workshops can be offered on a daily or weekly basis with more flexibility if needed.

Skills Presented Include:

- Understanding & Responding to Conflict
- Dealing with Differences
- Identifying Feelings & Emotions
- Dealing with Anger
- Listening
- Expressing Thoughts & Feelings
- Coming Up With Solutions

*** All workshops and trainings can be tailored to your group's needs and budget. To learn more, contact CDRC, the area's leading resource in Conflict Management Trainings and Workshops, at: Shepardson@cdrc.org or call 607-273-9347.